Topological Organization of Whole-Brain White Matter in HIV Infection

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Abstract

Infection with human immunodeficiency virus (HIV) is associated with neuroimaging alterations. However, little is known about the topological organization of whole-brain networks and the corresponding association with cognition. As such, we examined structural whole-brain white matter connectivity patterns and cognitive performance in 29 HIV+ young adults (mean age = 25.9) with limited or no HIV treatment history. HIV+ participants and demographically similar HIV− controls (n = 16) residing in South Africa underwent magnetic resonance imaging (MRI) and neuropsychological testing. Structural network models were constructed using diffusion MRI-based multifiber tractography and T1-weighted MRI-based regional gray matter segmentation. Global network measures included whole-brain structural integration, connection strength, and structural segregation. Cognition was measured using a neuropsychological global deficit score (GDS) as well as individual cognitive domains. Results revealed that HIV+ participants exhibited significant disruptions to whole-brain networks, characterized by weaker structural integration (characteristic path length and efficiency), connection strength, and structural segregation (clustering coefficient) than HIV− controls (p < 0.05). GDSs and performance on learning/recall tasks were negatively correlated with the clustering coefficient (p < 0.05) in HIV+ participants. Results from this study indicate disruption to brain network integrity in treatment-limited HIV+ young adults with corresponding abnormalities in cognitive performance.

Keywords: cognition; HIV; network analysis; whole-brain connectivity

Introduction

The human immunodeficiency virus (HIV) crosses the blood–brain barrier shortly after seroconversion (~ 8 days) and before marked immune suppression and overt cognitive dysfunction (Valcour et al., 2012). Despite the efficacy of combination antiretroviral therapy (cART) in reducing viral load, current treatments do not appear to prevent or reverse existing brain damage (Ances et al., 2012; Harezlak et al., 2011; Heaton et al., 2011). Importantly, research shows axonal disruption and synaptic injury after HIV infection (Ahdoshina et al., 2013; Ellis et al., 2007; Everall et al., 1999, 2009; Masliah et al., 1997). Although specific brain regions appear uniquely vulnerable, HIV-mediated neuronal damage is present throughout the brain (Ellis et al., 2007; Ragin et al., 2004) and corresponds to neuropsychological dysfunction (Masliah et al., 1997).

Diffusion tensor imaging (DTI) provides a robust method for identifying disruptions to the structural connections throughout the brain. Multiple studies utilizing DTI reveal abnormalities in brain white matter capable of disrupting connectivity across brain regions in HIV+ individuals (Filippi et al., 2001; Gongvatana et al., 2009; Hoare et al., 2011; Ragin et al., 2004; Thurnher et al., 2005). Furthermore, using complex network analysis, structural changes in white matter connections can be effectively modeled by combining diffusion magnetic resonance imaging (MRI)-based tractography and

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the pretreatment counseling phase were identified from clinic records. Interested participants completed a comprehensive consent process followed by a detailed medical and demographic history. All participants were either treatment naive at enrollment (83%) or had initiated cART within 3 months of enrollment (17%). All but five participants began treatment within 1 month of enrollment. HIV+ participants were recruited from regional Voluntary Counseling and Testing Clinics in Cape Town, South Africa. Table 1 provides demographic information for the 29 HIV+ and 16 HIV− participants.

Inclusion criteria for HIV+ participants included (1) age between the years of 18 and 45; (2) Xhosa as the primary language; (3) HIV serostatus documented by ELISA and confirmed by Western blot, plasma HIV RNA, or a second antibody test for the HIV+ group; and (4) at least 7 years of formal education (all but one participant reported at least 10 years of education). Exclusion criteria for all participants included (1) any major psychiatric condition that could significantly affect cognitive status (e.g., schizophrenia or bipolar disorder); (2) confounding neurological disorders including multiple sclerosis and other central nervous system (CNS) conditions; (3) head injury with loss of consciousness greater than 30 min; (4) clinical evidence of opportunistic CNS infections (toxoplasmosis, progressive multifocal leukoencephalopathy, and neoplasms); and (5) current substance use disorder determined by the Mini-International Neuropsychiatric Interview Plus (MINIPlus) (Sheehan et al., 1998). All participants provided signed informed consent. Study procedures were approved by local university IRB committees.

HIV viral load and CD4 T cell counts

EDTA blood samples were collected at the time of study visit and plasma and cell aliquots were stored at −70°C. RNA was isolated from patient samples using the Abbott RealTime HIV-1 amplification reagent kit, according to the manufacturer’s instructions. Viral load was determined using the Abbott m2000sp and the Abbott m2000rt analyzers (Abbott laboratories, Abbott Park, IL). All HIV+ participants had a detectable viral load (range 183–1,759,510 copies/mL). Analyses of cells from fresh blood samples were completed on the FACSCalibur flow cytometer in conjunction with the pretreatment counseling phase were identified from clinic records. Interested participants completed a comprehensive consent process followed by a detailed medical and demographic history. All participants were either treatment naive at enrollment (83%) or had initiated cART within 3 months of enrollment (17%). All but five participants began treatment within 1 month of enrollment. HIV+ participants were recruited from regional Voluntary Counseling and Testing Clinics in Cape Town, South Africa. Table 1 provides demographic information for the 29 HIV+ and 16 HIV− participants.

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with the MultiSET V1.1.2 software (BD Biosciences, San Jose, CA) for CD4 T cell counts.

**Neuroimaging acquisition**

Neuroimaging was acquired on a 3T Siemens Allegra scanner (Siemens AG, Erlangen, Germany), with a four-channel phased-array head coil. Thirty unique diffusion gradient directions at b = 1000 sec/mm$^2$ were repeated to give a total of 60 diffusion weighted volumes using a customized single-shot multislice echo-planar tensor-encoded imaging sequence. Six baseline images were acquired and interleaved in the diffusion-weighted scans to improve motion correction. Seventy contiguous slices were obtained per contrast with a 128×128 matrix and field of view of 218×218 mm (isotropic 1.7×1.7×1.7 mm$^3$ voxels); time of repetition (TR): 10 sec, echo time (TE): 103 ms using a full-Fourier transform. We also acquired a T$_1$-weighted three-dimensional magnetization-prepared rapid acquisition gradient echo sequence (TR = 2400 ms, TE = 2.38 ms, inversion time [TI] = 1000 ms flip angle = 8°, 162 slices, and voxel size = 1×1×1 mm$^3$ for volumetric analyses).

**Neuroimaging analysis**

The T$_1$-weighted MR images were processed with FreeSurfer version 5.1.0 (Fischl, 2012) to obtain a high-resolution gray matter parcellation. The diffusion-weighted MR images were processed with a pipeline including FSL 5.0 (Jenkinson et al., 2012) and custom software, described as follows. First, FSL eddy current was used to correct for motion and eddy currents by registering each diffusion-weighted volume to the first baseline with an affine transformation. The gradient-encoding vectors were also rotated to account for the spatial transformation of each volume (Leemans and Jones, 2009). Then, FSL BET was run for brain extraction, and XFIBRES was run to obtain ball-and-sticks diffusion models in each voxel (Behrens et al., 2007). Model fitting was performed with two stick compartments to improve tractography in areas with complex anatomy, such as crossing fibers. Whole-brain deterministic streamline tractography was performed to obtain geometric models of white matter pathways.

Tractography was executed utilizing an extension of the standard streamline approach to use multiple fibers per voxel with the following parameters: four seeds per voxel, an angle threshold of 50°, a minimum length of 10 mm, and a minimum volume fraction of 0.1. During tracking, a kernel regression estimation framework (Cabeen et al., 2016) was used for smooth interpolation of the multifiber ball-and-sticks models with a Gaussian kernel using a spatial bandwidth of 1.5 mm and window of 1 mm voxels of 7×7×7. Then a subject-specific structural network model was constructed from the combination of diffusion MR tractography and T$_1$-weighted MRI gray matter labels from the Desikan–Killiany atlas (Desikan et al., 2006) and subcortical segmentations obtained from Freesurfer. For each pair of regions, a structural connection was defined by first selecting fibers with end-points in pairs of gray matter areas and then computing the average FBL of the selected fibers to represent connection strength (Correia et al., 2008). To avoid resampling artifacts, the tractography was performed in native space and then the curve data were transformed to T$_1$-space to test for intersection with gray matter regions. This step registered the T$_1$-weighted MRI to the average baseline diffusion scan using FSL FLIRT with the mutual information criteria and an affine transformation. The resulting weighted undirected connectivity matrix was analyzed with the Brain Connectivity Toolbox (http://https://sites.google.com/site/bctnet/) to obtain global network measures of connection strength, structural segregation (clustering coefficient), and structural integration (characteristic path length and global efficiency) (Fig. 1; Rubinov and Sporns, 2010).

**Neuropsychological evaluation**

The neuropsychological battery included tests of the following domains: Learning/recall—(1) Hopkins Verbal Learning Test-Revised (HVLT-R; Brandt and Benedict, 2001) and (2) Brief Visuospatial Memory Test-Revised

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**FIG. 1.** Structural network analysis visualizations. Left: A visualization of imaging-based reconstructions of anatomy, showing diffusion magnetic resonance imaging (MRI)-based tractography and T$_1$-weighted MRI-based gray matter segmentations. The left hemisphere shows Desikan–Killiany regions-of-interest and the right hemisphere shows streamline tractography curves used to define connectivity between regions. Right: A visualization of a structural network model derived from neuroimaging data. The left hemisphere shows Desikan–Killiany regions-of-interest and the right hemisphere shows a node-link diagram representing the topological organization of white matter. Nodes are placed at the centroid of each region and the links are derived from the average fiber bundle length between the pairs of regions with structural connections. Color images available online at www.liebertpub.com/brain
(BVMT-R; Benedict et al., 1996). Total correct on the immediate and delayed recall trials was defined as the dependent variable for the HVLt-R and BVMT-R. Psychomotor/processing speed—(1) Color Trails 1 (D’Elia and Satz, 1996), (2) Trail Making Test A (Reitan, 1955), and (3) Digit Symbol (Wechsler et al., 2008). Time to completion was the dependent variable for Color Trails 1 and Trail Making Test A. Total correct was the dependent variable for Digit Symbol. Executive function—(1) Color Trails 2 (D’Elia and Satz, 1996) and (2) Wisconsin Card Sorting Test (WCST; Heaton et al., 1993). Time to completion was the dependent variable for Color Trails 2, and total perseveration errors served as the dependent variable for the WCST. Visuospatial skills—Block Design from the WAIS-IV (Wechsler, 1997). Total correct was the dependent variable. Fine motor skills and dexterity—Grooved Pegboard Test (Kløve, 1963) nondominant hand. Time to completion was the dependent variable.

**Determination of domain-specific and global neuropsychological function**

For data reduction purposes, raw data from the neuropsychological test battery were converted to T scores using mean and standard deviations from a sample of 52 HIV− individuals recruited from South Africa. A deficit score (ranging from 0 to 5 with a score of 0 indicating normal range and greater scores indicating greater impairment) for each test was determined using the methods previously reported by Carey et al. (2004). This approach provides a more sensitive method for generating a summary neuropsychological score than averaging neuropsychological scores (Carey et al., 2004; Heaton et al., 2004). A GDS was then obtained for each participant, with higher scores indicative of greater impairment. A GDS provides a continuous measure of impairment with scores >0.5 providing high rates of specificity (0.89) and positive predictive value (0.83) in establishing HIV-associated impairment (Carey et al., 2004; Heaton et al., 2004).

Domain-specific deficit scores were calculated using methods similar to the calculation for the GDS. Specifically, standardized T scores for each neuropsychological test were converted to a deficit score between 0 and 5. The deficit scores were averaged to determine domain-specific deficit scores (i.e., learning/recall, psychomotor/processing speed, executive function, fine motor skills and dexterity, and visuospatial skills).

**Statistical analysis**

All statistical analyses were conducted utilizing SPSS, version 24. Differences in age, sex, and education between HIV+ and HIV− participants were examined using independent sample t-tests (age and education) and chi-squared analyses (sex) to determine potential covariates for the primary analyses. Differences in whole-brain topological organization between groups were examined using three separate analyses of covariance or multivariate analyses of covariance (ANCOVA/MANOVA) models, depending on the number of metrics in each category. HIV serostatus served as the independent variable and individual measures of topological organization served as dependent variables in each analysis, with intracranial volume as a covariate. The measures of topological organization included structural segregation (clustering coefficient), structural integration (characteristic path length and global efficiency), and connection strength. Viral load was natural log transformed to achieve a normal distribution for correlation analyses. Pearson’s correlations were used to determine whether individual measures of connectivity were significantly related to HIV clinical variables (CD4 T cell count and log-transformed viral load).

With respect to the distribution of GDS and domain-specific deficit scores, the standardized skewness coefficients and the standardized kurtosis coefficients revealed significant departures from normality in the entire sample and within the HIV+ group. Therefore, a nonparametric procedure, Spearman’s rank order correlation (i.e., Spearman’s rho), was performed to address all correlations that included the GDS or domain scores. These analyses were performed within the HIV+ sample as well as collapsed across the HIV+ and HIV− groups.

**Results**

Subject characteristics are listed in Table 1. There were no statistically significant differences in demographic factors (age, education, and sex) between HIV+ and HIV− participants. The ANCOVA/MANOVA models revealed significantly weaker structural segregation in HIV+ participants, defined by a lower clustering coefficient ($F(1,42)=11.20$, $p=0.002$), Cohen’s $d=1.06$), as well as weaker structural integration defined by higher characteristic path length and lower global efficiency ($F(2,41)=6.10$, $p=0.005$, $d=0.79$), with characteristic path length $F(1,42)=12.23$, $p=0.001$, $d=1.12$) and global efficiency $F(1,41)=12.33$, $p=0.001$, $d=1.12$) both significantly contributing to the model. Lastly, HIV+ participants showed weaker connection strength ($F(1,42)=8.29$, $p=0.006$, $d=0.92$) (Table 2). Pearson’s correlational analyses revealed that CD4 T cell count and viral load were not significantly associated with any individual measures of connectivity ($r<0.30$; $p>0.05$).

**Relationships between GDSs and connectivity metrics**

Collapsed across HIV+ and HIV− participants, Spearman’s rho revealed statistically significant correlations between GDSs with global characteristic path length ($r=0.34$, $p=0.027$) and mean connection strength ($r=-0.31$, $p=0.046$). Trend level

<table>
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<tr>
<th>Table 2. Differences in Network Connectivity Between HIV+ and HIV− Participants</th>
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<td><strong>HIV+</strong> (n = 29)</td>
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<tr>
<td>Global clustering coefficient (mm)</td>
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<td>Global characteristic path length (1/mm)</td>
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<td>Global efficiency (mm)</td>
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<td>Global connection strength (mm)</td>
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Values are represented in mean (SD).
relationships were also observed with global efficiency \((r = -0.30, p = 0.057)\) and clustering coefficient \((r = -0.30, p = 0.055)\). Together, these results indicate that poorer cognitive performance is associated with abnormal network indices. When examined specifically within the HIV+ sample, Spearman’s rho showed statistically significant negative relationships between the GDS and the clustering coefficient \((r = -0.40, p = 0.042)\), and trend level negative associations with global efficiency \((r = -0.38, p = 0.056)\) and connection strength \((r = -0.37, p = 0.062)\). A trend level positive relationship was observed between the GDS and characteristic path length \((r = 0.37, p = 0.060)\).

**Relationships between domain-specific deficit scores and connectivity metrics**

Collapsed across HIV+ and HIV− participants, poorer learning/recall was significantly associated with higher global characteristic path length \((r = 0.36, p = 0.010)\), lower mean connection strength \((r = -0.37, p = 0.012)\), lower global efficiency \((r = -0.36, p = 0.016)\), and lower clustering \((r = -0.39, p = 0.009)\). No other significant relationships were observed between the brain connectivity metrics and psychomotor/processing speed, executive function, fine motor skills and dexterity, or visuospatial skills \((r < 0.30, p > 0.05)\). When examined specifically within the HIV+ sample, learning/recall deficit scores were significantly negatively associated with the clustering coefficient \((r = -0.40, p = 0.037)\). Negative trend level relationships were observed between learning/recall deficit scores and mean connection strength \((r = -0.36, p = 0.064)\) and global efficiency \((r = -0.36, p = 0.058)\), whereas a trend level positive relationship was observed with global characteristic length \((r = 0.36, p = 0.052)\). No significant relationships were observed between the connectivity metrics and psychomotor/processing speed, executive function, fine motor skills, and dexterity, or visuospatial skills \((r < 0.30, p > 0.05)\) in the HIV+ sample.

**Discussion**

This study revealed topological disorganization of brain white matter in HIV, including abnormalities in structural segregation, structural integration, and connection strength. Furthermore, these abnormalities in network connectivity metrics were significantly associated with cognitive dysfunction both across the entire sample and specifically within the HIV+ group. These abnormalities were not significantly related to HIV clinical status (CD4 T cell count and viral load). Findings indicate that younger HIV+ participants with limited or no antiretroviral treatment history exhibit significantly altered measures of whole-brain connectivity relative to demographically similar HIV− controls. These data suggest that alterations in whole-brain network disruption are behaviorally relevant in the context of HIV.

Structural segregation refers to neural processing within interconnected regions of the brain, whereas structural integration refers to the potential to rapidly combine specialized information from distributed brain networks. The interplay of segregation and integration in brain networks generates information that is simultaneously diversified and synthesized, resulting in patterns of high complexity. Extensive research indicates that the dynamic patterns generated by these networks provide the basis for cognition and perception (Bressler and Kelso, 2001; Frackowiak, 2004; McIntosh, 1999; Varela et al., 2001). Underlying these global properties is a measure of connectivity between brain regions, which we examined with the average FBL of tractography curves. Overall, lower structural segregation (clustering coefficient), structural organization (characteristic path length and global efficiency), and connection strength were observed, indicating that HIV is associated with abnormal whole-brain network connectivity.

Neuroimaging studies have revealed consistent disruptions to subcortical and cortical brain structures among individuals infected with HIV (Ances et al., 2012; Archibald et al., 2004; Becker et al., 2011; Berger and Arendt, 2000; Cohen et al., 2010; Heaps et al., 2012; Ragin et al., 2012; Stout et al., 1998). Specifically, reduced volumes have been observed within the thalamus, caudate, putamen, hippocampus, cortical white matter, and gray matter (Ances et al., 2012; Holt et al., 2012; Ortega et al., 2013; Paul et al., 2008, 2016; Thompson et al., 2005). Individuals with more advanced disease exhibit reduced cortical thickness in primary sensory and motor areas (Thompson et al., 2005), possibly reflecting distal effects of basal ganglia damage. Results from Jahnshad et al. (2012) revealed pronounced white matter network disruption in primary motor and sensory areas of the parietal and frontal lobes of older HIV individuals on stable treatment. Our study extends previous work by revealing global network disruption in younger HIV+ individuals with immune suppression and limited or no treatment history.

DTI abnormalities observed using scalar metrics in frontal, callosal, and deep white matter regions in HIV+ individuals have been associated with poor cognitive performance (Chang et al., 2008; Chen et al., 2009; Hoare et al., 2015; Jer- nigan et al., 1993; Müller-Oehring et al., 2010; Ortega et al., 2013; Pomara et al., 2001; reviewed in Hardy and Hinkin, 2002; Stout et al., 1998; Thurnher et al., 2005). Our results reveal a strong association between cognitive dysfunction and diffuse brain network disruption in HIV+ young adults. Collapsed across HIV+ and HIV− participants, we observed significant associations between both GDS and learning/recall with structural integration (characteristic path length) and connection strength, indicative of reduced information transfer across networks (Latora and Marchiori, 2001) and reduced FBL. Conversely, the most prominent relationships in the HIV+ group were observed between structural segregation (clustering coefficient) and both global neuropsychological impairment and learning/recall. This pattern of structural abnormalities provides evidence of cognitive impairment related to a measure of neural processing within densely interconnected networks.

Inflammation is hypothesized to be one of many important drivers of neuronal injury and loss in HIV. Inflammation occurs soon after viral entry into the CNS and is associated with the release of proinflammatory cytokines, chemokines, and neurotoxic viral proteins in response to HIV-infected macrophages and microglia (Anthony et al., 2005; Harezlak et al., 2011; Lentz et al., 2011; Sailsasuta et al., 2012; Valcour et al., 2012; Vera et al., 2016). In turn, these activate uninfiltrated macrophages and microglia to further release neurotoxic substances that lead to compromised synaptodendritic connections, damage to axonal and myelin integrity, and potentially neuronal death (Conant et al., 1998; Raja et al., 1997).
These injuries are distributed widely throughout the brain and correspond to white matter damage (Ellis et al., 2007) as well as cognitive impairment (Everall et al., 1999).

An advantage of our study is the tractography method employed to quantify structural connectivity. Typically, a major challenge of estimating whole-brain connectivity metrics is the presence of complex configurations of fiber bundle anatomy such as fiber crossings. The diffusion tensor model does not accurately represent voxels consisting of multiple fiber populations, which limits the anatomical validity of network models derived using single tensor models. More sophisticated techniques that represent multiple fibers, such as multicompartiment and high angular resolution diffusion imaging, offer greater anatomical accuracy and improved sensitivity in detecting complex anatomical features related to white matter changes caused by disease (Tuch et al., 1999, 2002). We used the ball-and-sticks multicompartiment model (Behrens et al., 2007) and a model-based estimation framework (Cabeen et al., 2016) to improve the accuracy of connectivity mapping. Importantly, although this approach is ideal for the single shell data, more sophisticated microstructure models that utilize multishell acquisitions may provide improved anatomical accuracy and sensitivity to detect white matter changes. Future studies may benefit by using neurite orientation dispersion and density imaging to characterize changes in neurite density and orientation dispersion (Zhang et al., 2012).

Several limitations are important to address. First, we did not have sufficient number of male HIV+ participants to examine sex differences in brain network topology. Previous research conducted in HIV— populations reveals sex differences in brain topology (Gong et al., 2009; Yan et al., 2011), emphasizing the importance of examining sex differences in future studies. In addition, future research is needed to determine whether treatment improves whole-brain connectivity abnormalities. Lastly, we excluded participants with substance use disorder because of evidence that structural connectivity is disrupted in substance users independent of HIV (Bava et al., 2009; Kim et al., 2014). Our approach ensured that the observed effects were not confounded by substance use. However, our results may not generalize to the population of HIV+ substance users. Despite these limitations, our findings provide strong evidence for functionally relevant disruptions to network organization in HIV.

**Conclusions**

This article extends the literature in three novel ways. First, our cohort comprised young HIV+ adults. Second, our sample was predominantly free of treatment confounds on brain connectivity. Lastly, the present study included measures of cognition that inform the functional relevance of the connectivity measures. Collectively, the results support a model of diffuse network changes in young HIV+ individuals with limited or no treatment history and corresponding cognitive dysfunction. The results provide further evidence of the utility of anatomical brain connectivity as a noninvasive biomarker of white matter disruption in HIV infection.

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**Author Disclosure Statement**

No competing financial interests exist.

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